



Five Ways to Stay Positive When Others Are Not

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No matter how positive we may choose to be, we're always going to encounter others who aren't. Thankfully there are things that we can do to help overcome their negativity or redirect it in a way that helps them become more positive as well.

Here are few suggestions...

1. Make Your Bus Great

You may not be the leader of your organization. You may not be driving the "big bus," but you can decide to make YOUR bus great. Every day just focus on being the best you can be and bring out the best in others while tuning out everything else. Tune out the negativity. Tune out the damaging comments. Tune out anything you can't control. You can't drive anyone else's bus. Just drive your bus and make it a great ride.

2. Your Positive Energy Must Be Greater than All of the Negativity

The fact is negativity is all around us. It's everywhere. You must remember that your positive energy must be greater than all the negativity. Positive energy is much more powerful than negative energy. If you stay positive, the negativity can't touch you.

3. Be The Seed

When you plant yourself where you are, with a desire to serve and make a difference, you will create very positive conditions for your growth. You'll be amazed at how others start treating you more positively when you approach your work with a service mindset. They will sense something different in you and they will change the way they behave towards you.

4. Invite others on Your Bus

So don't think you can't change your situation or organization. You can. I'm convinced that very few people want to be negative. Most people are negative because of stress, busyness, and fear. Most people just need a wake-up call to break out of their rut. This is your opportunity to help someone else break free. Decide to be a beacon of light that shines on others. You'll be amazed at what happens as a result.

5. If They Don't Change, You Can

Whatever you do, don't allow others to get you down. With 80 percent of the population being negative, we need positive powerful people like you to offset the negativity. So keep staying positive!

Published by **Wiley**, [The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy](#) by **Jon Gordon** is available from Amazon.

